

Cycling is a great way to keep fit whilst at the same time getting from A to B or exploring your local area.

The 19 **Cyclesolihull** routes in this series of leaflets will take you along most of the network of quiet lanes in and around Solihull, introducing you to some places you probably didn't even know existed!

The routes have been carefully chosen to avoid busier roads so are ideal for new cyclists and children learning to cycle on the road.

You can cycle the routes alone or with family and friends, or join one of the regular **Community Cycle Rides**.

Cycle^{to}Solihull Day

Sunday 13 September 2009



A chance to join other cyclists in Solihull town centre for a cycling afternoon. Join one of the special rides or simply head to the town centre on your bike. More details at: www.cycletosolihullday.org.uk

This is one of a series of ride leaflets devised by Solihull Cycling Steering Group which is helping Solihull Council to increase the amount of cycling in the area and consists of representatives from: Birmingham International Airport, Cyclists Touring Club, Pushbikes, Solihull Cycling Club, Solihull Care Trust, Solihull Residents Association and Sustrans.

Community Cycle Rides

Cyclesolihull offers regular opportunities to join with others to ride the routes in this series of leaflets. The rides are organised by volunteers, and during 2008 nearly 900 people (including over 100 children) took part in over 40 rides. To get involved, just turn up and ride!

Sunday Cycle Rides take place most Sundays* throughout the summer starting at 2 pm from one of 13 different starting points. "S" (short) routes are about 10 miles long, "M" (medium) routes are about 15 miles long and "L" (long) routes about 20 miles long.

Evening Explorer Rides are on alternate Wednesdays from mid-May to mid-August starting at 7 pm from one of 8 different starting points. They follow the short "S" routes so are about 10 miles long.

Saturday Stretcher Rides take place on the first Saturday of every month at 10 am from one of 4 different starting points. They are 20 to 25 miles long and do not follow a fixed route, so are suitable for more experienced cyclists.

Taster Rides are an occasional opportunity to try a Cyclesolihull ride without going very far. They are about 5 miles long starting at 2 pm from one of 3 different starting points – an ideal introduction to the rides for new cyclists and small children.

Refreshment Stops All Cyclesolihull rides have an en-route refreshment stop of about 30 minutes, either at a pub or a tearoom.

** all except those weekends when there is a Saturday Stretcher or Taster Ride.*

For full details of current rides go to:

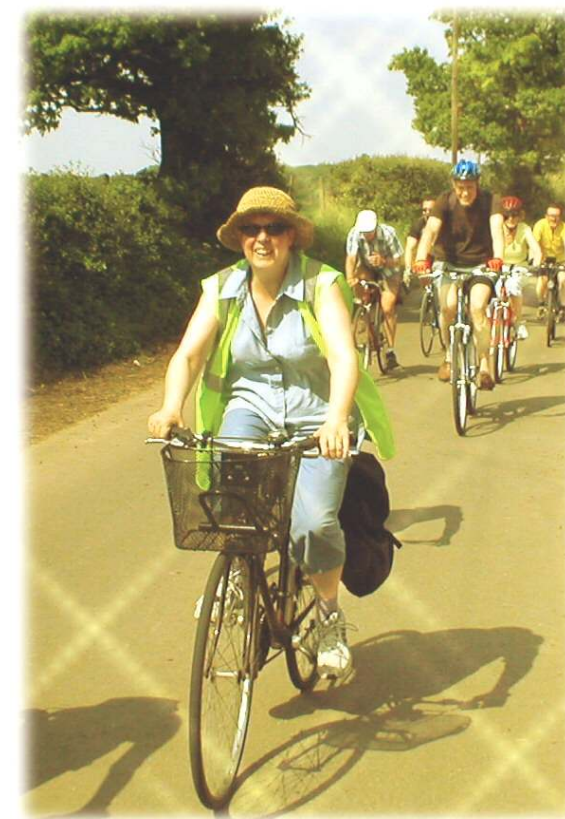
www.cyclesolihull.org.uk

or pick up a copy of the **Cyclesolihull 'Ride Together'** leaflet on one of the rides or at local libraries and cycle shops.

Route M3

CycleSolihull

Explore your borough by bike



Hockley Heath to Ullenhall & Henley (17 miles)

Have fun and get fit exploring your local area with this self-guided cycle ride.

Route M3

Hockley Heath to Ullenhall & Henley

Distance: 17 miles (85-120 mins). **Start:** Hockley Heath Post Office SP153727

Route Summary: A varied ride via narrow lanes to Ullenhall and historic Henley, with the option of returning part of the way on a canal towpath.

Refreshments: There is a pub in Ullenhall and a range of facilities in Henley including the famous ice cream shop.

Parking: There is on-street parking in nearby side roads. Please do not park in spaces provided for shoppers.

The Route

A From the post office go right, down School Road and after 0.5 miles turn left into Saddlers Well Lane. Cross the canal and at the end of the lane turn left and then immediately right on to the B4101 towards Tanworth and Earlswood.

B Immediately before the motorway turn left down Spring Lane. Go up the steep hill, past the obelisk and at the end of the lane turn right. Follow the lane over the motorway bridge.

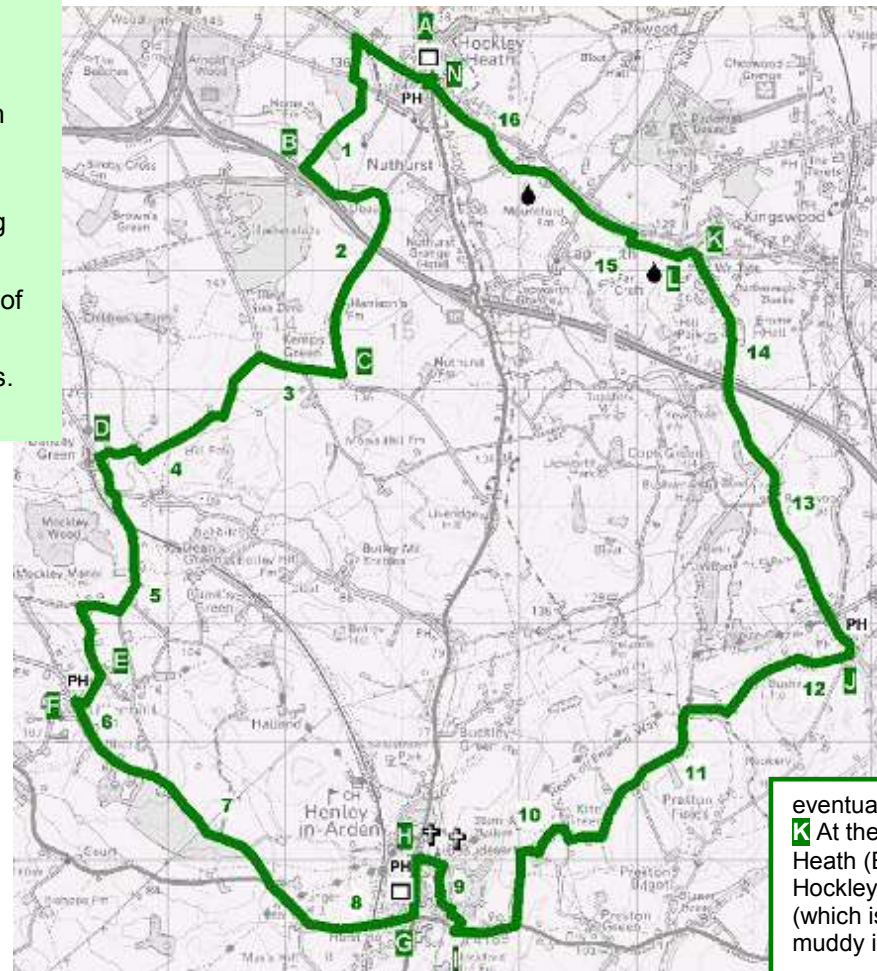
C At the end of the lane turn right towards Kemp's Green, Tanworth and Earlswood. Pass Mow Hill Lane on the left and after 300 yards turn left down Pig Trot Lane towards Danzey Green.

D At the end of the lane turn left into Danzey Green Lane towards Ullenhall. Take the next right, again towards Ullenhall. Pass White Pump Lane on the left and take the next turning right, down Gentlemen's Lane. Take the next left turn into Perry Mill Lane, again towards Ullenhall.





E Take next turning right down Watery Lane. At the end of the lane turn right and then right again at the War Memorial to reach the Winged Spur pub.

F From the pub turn left and go down the main road. At the end of the road turn left on to the A4189. Follow the road under the rail bridge and into Henley.

G At the traffic signals turn left into the High Street at Henley. There are shops and pubs in the village including the famous Henley Ice Cream on the left.



Key to Map

- A** Reference point
- 1, 2** Mileage from start.
- PH** Public House
-  Shop selling drinks, sweets etc.
-  Historic church
-  Historic building
-  Waterway with access point

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eventually crossing the motorway.

K At the end of the lane turn left towards Hockley Heath (B4439). You can follow this road back to Hockley Heath or alternatively use the canal towpath (which is parallel to the road and quieter but may be muddy in sections after rain).

Canal Route

L To get on to the canal towpath go down the path before the bridge 100 yards on the left and turn left onto the towpath. After you cross the canal the towpath is narrower and you may need to dismount for a short section. Beyond Lapworth top lock the towpath surface is very good until reaching the lifting bridge and then slightly rougher to Hockley Heath.

M Go under bridge 25 and then right into the car park behind the Wharf Tavern. At the main road turn left and the post office is a short distance on the left.

Road Route

Follow the road for 1.5 miles. **N** On reaching the A3400, turn right. The post office is on the left.

H Cross the High Street and go down the side of St John's Church. Pass St Nicholas' Church on the left and follow the road around to the right into Alne Close. At the end of the road use the short footpath link straight ahead to reach another residential road. Follow this, eventually going around to the left. At the end of Riverside Gardens turn right, and at the end of Meadow Road turn right.

I At the main road turn left. There is a short steep hill (Blackford Hill) so you may prefer to dismount and use the footway on the left. Take the next turn left in to Edge Lane towards Kites Green. Follow this winding lane for 2.5 miles to Lowsonford, ignoring all the side roads.

J At the end of the lane turn left towards Rowington. The Fleur de Lys pub is immediately ahead on the right. Follow the road,